

Hiking in the countryside

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My father and I went hiking with my cousin Mary this morning. The weather was cool and sunny. We went to the countryside. The scenery was beautiful.

While Mary and I were walking around, we saw a lovely little river. The water was very clear, so we played with the water. We felt happy, but we got all wet. We wanted to dry ourselves, but we forgot to bring a towel with us.

An hour later, we started to feel sick. I started to cough, while Mary could not stop sneezing. We also had terrible runny noses. Father was upset because we needed to end our hike early so that we could go to the clinic.

From now on, I will try my best to stay healthy by playing responsibly. I will never let myself get wet without a towel or change of clothes.